

**Efficacy, safety and impact of Homeopathic Medicine in viral epidemic with irrespective of age, race and gender in human; confirmed.**

**A randomised subjects selections for investigating the presence of CHIK virus through the National Institute of Virology in ICMR, India ; before and after the Homeopathic Medication in the Clinical Study.**

**And a non placebo controlled clinical study with an interest to save and support public in a viral epidemic.**

*Dr.Tesla Thomas Thekkenkattil<sup>a b c d</sup> National Institute of Virology<sup>e</sup>*

- a. Department of Infectious Disease Control ; Omegatouch Pvt Ltd, India. [ A Medical Graduate in Bachelor of Homeopathic Medicine and Surgery (BHMS) ; Rajiv Gandhi University for Health Science (RGUHS),India.]
- b. Department of Diseases and Epidemic Control; Omegatouch Pvt Ltd , India.
- c. President; Psoriasis Association of India.
- d. Centre for Asthma & Allergy, Alappuzha, Kerala, India.
- e. National Institute of Virology (unit-alpy); a Institution in Indian Council for Medical Research (ICMR) ; Under the Ministry of Health and Family Welfare Government of India.

## Summary

### Background

Including covid-19 viral infection many viral infections reported and reporting worldwide from years and years. In each epidemics and pandemic many lost their life. Lack of adequate production of antibodies at the time of epidemic or pandemic or in multiple viral infections causes more replication of virus and also cause mutation of virus and as the results; the volume of various type of haemagglutinin, antigens increases in blood of human . This hemagglutinin carry a major role in the coagulation of the blood and leads to various embolism throughout the body that results serious illness, associated illness or loss of life.

In a similar situation of epidemics of CHIK viral infection arose in the state of Kerala; in India at 2007 and 2010 at various places named as Panathady and Valayam grama panchayat geography respectively in the State Kerala,India.

In that, a clinical study confirmed the efficacy , safety and impact of Homeopathy Medicines(HM) to eradicate viral infection.(CHIK virus) And it is also confirmed the efficacy and safety of Homeopathic Medicines for eradicating viral epidemics irrespective of age , race, gender, that is to say, it was scientifically confirmed through National Institute of Virology which is a institution of Indian Council of Medical Research (ICMR) under the Ministry of Health and Family Welfare, Government of India.

## Method

A clinical study with a randomized selection of subjects for the investigation of CHIK viral infection (epidemic) before and after the Homeopathic Medication without a placebo control study were conducted. 25 subjects were selected in random before the administration of Homeopathic Medicines and the blood samples were collected and sent to National Institute of Virology (unit-alpy NIV). In that 23 out of 25 subjects were found positive of CHIK virus as per National Institute of Virology records. [file No.8-2(result)NIV KLU 209-2010]. Again 15 blood samples collected from 13 subjects from that same 23 positive cases with 2 new cases (random selection) after 15 days of administration of Homeopathy Medicines and collected blood samples were again sent to National Institute of Virology for further investigation in this line. All results were negative 15 days after the administration of Homeopathic Medicines as per the National Virology Institute records.

This clinical study confirmed the efficacy and impact of Homeopathy Medicines to eradicate viral infection in a very short time and it is also confirmed the efficacy and safety of Homeopathic Medicines for eradicating viral epidemics in a very short time of period irrespective of age, race, gender of human ; scientifically.

## Findings

More than 2000 patients were registered in a follow- up emergency medical camp with mild, moderate and severe state of condition in the epidemic of CHIK virus with the symptoms of headaches, mouth ulcer, jaw pain, neck pain, throat pain, shortness of breath, chest discomforts, angina pectoris, hypertension, back pain, joint pain, arthritis, knee pain, numbness of limbs, abdomen pain, loss of appetite, loss of taste, Loss of thirst, fever, sleepless, skin complaints, constipation.

100 % of patients reduced their symptoms above 65% from the third (3rd) day of administration with Homeopathy Medications. And all their symptoms and discomforts 98% disappeared after 15 days of examination.

In the second investigation of the same subjects; those were positive of CHIK virus found that, become negative after 2 weeks administration of HM. (Homoeopathic Medication)

It is also found that 6 months prior to this clinical study, the National Institute of Virology themselves were conducted a study ( Suo moto ) on the same subjects in the same geographical area and found CHIK virus were positive. And the same subjects were included in this clinical study also. ( in that 23 positive cases of CHIK virus found before the Homeopathic Medication).o

The clinical study scientifically conformed the efficacy , impact and safe of Homeopathy Medicines in viral infections in very short time of period.

## Interpretation

Clinical study conformed the efficacy, safety and impact of Homeopathy Medicines in viral infections irrespective of age and gender; and the formation of adequate specific antibodies against the specific virus taken place with the type II<sup>nd</sup>, type III<sup>rd</sup> and type IV hypersensitivity activated in a short time of periods. Here the Homeopathy Medicines activated more ATP generation, also activated the host cells, signalling enzymes and lymphocytes much faster than vaccines. There is no such complication in usage of Homeopathy Medicines as in vaccines. A careful administration of Homeopathic Medicines over rule the artificial disease like vaccines generated diseases.

World widely the Homeopathic Medicines are believe and consider as only a placebo effects. But through this clinical study it is positively and scientifically confirmed that the Homeopathic Medicines are not placebo effects.

And it is now necessary for a joint multiple studies in Homeopathy Medicines as a Universal study by various countries around world and it is also the great opportunities for pharmaceutical companies around world for more developments of medicine in this line.

## Fundings

This clinical study funded by the own fund of the author who is the coordinator and director of this clinical study from India.

OMTPL of original article <http://omegatouchpvtltd.com/research.article.viral.epidemic.vol.1.12025>

Corresponding Author: Department of Infectious Disease Control ; Department of Diseases and Epidemic Control; Omegatouch Pvt Ltd , India.. [ A Medical Graduate in Bachelor of Homeopathic Medicine and Surgery (BHMS) ; Rajiv Gandhi University for Health Science (RGUHS),India.]

Email: [drtesla@omegatouchpvtltd.com](mailto:drtesla@omegatouchpvtltd.com)

[drteslathomas@yahoo.com](mailto:drteslathomas@yahoo.com)

## Copyrights :

Copyright @2025 onward by The Author Published by Omegatouch Pvt.Ltd. And this is an open access article as per the protocol of OMTPL-India.

<http://omegatouchpvtltd.com/research.article.viral.epidemic.vol.1.12025>

## Keywords

Viral epidemic; Clinical study; impact of Homoeopathic Medicine; eradication ; Virus;HM superior to vaccine; Scientific confirmation; Safety; Homoeopathy; not a placebo effect; 2025.

## Research Study in Context

### Data before the Clinical Study

Globally there is no specific treatment for viral infection reported till this date of this clinical study. But it is the first time in this world and first time clinical study from the day identified a specific treatment for viral infections irrespective various epidemic, sporadic and pandemic.

Only managing the symptoms and supportive care were given and still giving world wide in viral infections as there is no specific treatment till the day of this principle study..

The antibody therapy or the plasma therapy is only a temporary safe mode and only for a specific virus and not suitable for multiple viral infections or complex viral disease. The antibody therapy is only a passive immune therapy which have various limitations and can not recommend for long periods.

The real treatment must be the Active Immune Therapy which is the real pathway of defence system of living organisms and human. This clinical study fix this pathway of defence mechanism of human's own Active Immune Therapy instead of Passive).

Suppression of symptoms that; generated by the body's own pathway by defensive mechanism; make temporary relief to patients and in another side it block this own pathway.

Blocking pathway are like; blocking chemical messenger from cells to defensive mechanism. The chemical messengers like Cytokine, Interleukins are necessary for a proper immune function as a defence mechanism act against viral infections.

Administration of drugs like Cytokine inhibitors, Interleukin inhibitors prevent such signalling enzymes activity from triggering of lymphocytes by blocking attachment of

signalling enzymes to the receptors of lymphocytes and in results, the stop synthesis of adequate specific antibodies against specific viral infections.

The doctors and scientists those studies pathology in deep will accept above said facts.

I have walked through the geographical area of a CHIK virus epidemic in 2007 as the part of protocol for the survey for statical analysis at panthady village panchyat in Kasargod of the State Kerala; India. That place were reported about death of young people especially, children from that epidemic.

The analytical results was surprising that 98% of people were affected by CHIK virus and developed manifestation of symptoms and 2% people those live in middle of 98% were asymptomatic. That was a contagious epidemic through the vector mosquito. The people 98% were with acute and chronic diseases along with this epidemic and was under treatment. And these people's diet was entirely different from those 2% people.

As I reported this statical data to local self-government institution (Panathady Pannchyat) of State Kerala and on discussion in this line with them and from their needs of survival from that epidemic; a follow medical camp with Homoeopathic Medicines administration planned and executed as per the protocol designed for it, for all 98% of people.

In each 15 days up to one month duration in that follow up medical camp it was properly monitored and administered the Homoeopathic Medicines and it is found from the 3<sup>rd</sup> day itself reduction in 65% all their ailments. And from 2week onwards all symptoms of that CHIK viral epidemic disappeared 100% in 90% and 85% of symptoms in 10% from the total 98% of the subjects. And on 30<sup>th</sup> day it was monitored that,

100% of all symptoms disappeared in that (98%) of total subjects.

In this light, the pharmaceutical companies world wide have more options to develop more medicine according to this.

### **Added values of this clinical study and recommendation of more global joint study**

This clinical study is the first study in the world and the first identification of this specific treatment (Homoeopathic Medicines) to eradicate viral infection and it is first time confirmed in this globe ; the efficacy , safe and impact of Homeopathy Medicines to eradicate viral infection.( CHIK virus) And it is also confirmed the efficacy and safety of Homeopathic Medicines for eradicating viral epidemics irrespective of age, race, gender; that is to say, it was scientifically confirmed through National Institute of Virology (NIV) which is a institution of Indian Council of Medical Research

(ICMR) which is under the Ministry of Health and Family Welfare, Government of India.

Instead of using immune suppressant drugs ( like cytokine inhibitors, interleukins inhibitors and other chemicals messenger inhibitors ) in the time of any viral epidemic, sporadic and in pandemic, it is now have a new phase of treatment in various viral infections to save lives and remove the present and the post viral ailments by this used method and procedure and protocol of this clinical study.

It is also highly recommend for more clinical trials and multiple joint study to generate more data in each viral infection on base of this 'Principle Study'.

### **Introduction**

It is the world war between human and various viral epidemic, sporadic and pandemic from long back and still it is going on.

Human is the most brilliant and intelligent among his environment. But we were not capable to save many lives of those belongs to us in several epidemic and pandemic including this SARS-2 COVID-19.

This is because that, we learn very well something but implement some another. It must recognise that we are superior to any toxic morbid agents like bacteria, virus , chemical toxic, toxins. Unless and until we disposed such morbid agents, they do not process any power than us , to make us sick or death ; and this

clinical study confirmed scientifically the same. He identified it (Aphorism 31/Organon of Medicine ) 200 years back in Germany, The Master, Dr.Samuel Hahnemann but he was not interested for any scientific evidence based trials in that time /His Aphorism 28/ Organon of Medicine ) ]

It is found 90% of the patients in my practice on diagnose before starting the treatment with presents of 2 or more virus patients come with. And I watch around the world to see that, doctors whether they trying to diagnose any multiple viral syndrome but I found that, less than 10% doctors are only monitoring presents of virus in their patients globally.

It is to be noted that, this generation globally carry many virus in them irrespective of age, race and gender. People lost their sleep, peace and intelligence and all they kept in sleep mode. And it is the time to awake, move forward and time to save and support people from darkness from their thoughts and darkness in Vital Force that animate whole body in its state of equilibrium, that is to say, in state of neutral harmonious peace.

When a colony of bacteria take place any region of the body, make sure that, your defence

mechanism not in normal in its harmonious state, in that condition your defence mechanism need help and support. Phagocytosis is a clear pathway than artificial. We can not see phagocytosis resistant bacteria in this world.

Similarly the macrophages resistant virus is not there in this world.

Hence, this Principle Study will light up, help and support other similar study in future, globally.

## Methods

A clinical study with a randomized selection of subjects for the investigation of CHIK viral infection (epidemic) before and after the Homeopathic Medication without a placebo control study were conducted. 25 subjects were selected in random before the administration of Homeopathic Medicines and the blood samples were sent to National Institute of Virology (unit-ALPV NIV). In that 23 out of 25 subjects were positive of CHIK virus as per National Institute of Virology records. [file No.8-2(result)NIV KLU 209-2010]. Again 15 subjects selected from 13 subjects from that same 23 positive cases with 2 new cases (random selection) after 15 days of administration of Homeopathy Medicines and the collected blood samples were again sent to National Institute of Virology for further investigation in this line. All results were negative as per the National Virology Institute records.

This clinical study confirmed the efficacy and impact of Homeopathy Medicines to eradicate viral infection in a very short time and it is also confirmed the efficacy and safety of Homeopathic Medicines for eradicating viral epidemics in a very short time period. The HM was administered as per common symptoms, toxicity and modalities, depend on the health constitution and for more ATP generation.

## Procedure

A follow up medical camp conducted on ground of severe epidemic of CHIK virus impact (and on the ground of previous organized follow up medical camp at panathady panchayat in 2007) at the geographical area of Valayam grama (Village) panchayat at Calicut district of State Kerala, India in 2010.

More than 2000 patients were registered in a follow-up emergency medical camp with mild, moderate and severe state of condition in the

epidemic of CHIK virus with the symptoms of headaches, mouth ulcer, jaw pain, neck pain, throat pain, shortness of breath, chest

discomfort, angina pectoris back pain, joint pain, knee pain, abdomen pain, general weakness, loss of appetite, loss of taste, Loss of

thirst, fever, sleepless, skin complaints, constipation.

100 % of patients reduced their symptoms and ailments above 65% from the third (3rd) day of Homeopathy Medications. And all their symptoms and discomforts 98% disappeared after 2 weeks of the administration in Homeopathic Medication and examination. 15 days Homeopathic Medicine were given with a proper diet pattern as per the protocol designed for this and again 15 days of Homeopathic Medicine provided after 15 days from the beginning of the study.

100 % of patients reduced their symptoms above 65% from the third (3rd) day of administration of HM. And all their symptoms and discomforts 98% disappeared after 15 days of examination.

In the second investigation of the same subjects those were positive of CHIK virus found that, become negative. Hence this clinical study is relevant and its evidence-based data will guide further more joint study in this line at future.

## Outcome

The primary assessment of impact of Homeopathic Medicine in viral infection has monitored and recorded within 10 minutes from the time of administration HM for selected 2% subjects from total volume of subjects those with the severe headache on forehead, throat pain and swallowing difficulty including fever with temperature between 102-104° F.

In 10 minutes 100 % of these subjects from that 2% got reduced more than 50% of the symptoms severity as reduced throat pain; reduced swallowing difficulty; reduced headache; reduced temperature towards between 99-99.8° F and it has recorded.

And the secondary assessment of impact of HM has monitored and recorded after 2 weeks from the period starting Homeopathic Medicines (HM) by the observation of physical strength, BP, other ailments that all reduced to normal in all 98% of the subjects.

The primary outcome generated after 2 weeks on monitoring the NIV results of the same subjects are found as negative of CHIK virus by administration of HM and all the symptoms disappeared which is recorded.

And the secondary outcome noted from the disappearance of all ailments including the joint pain after 2 weeks from administration of HM.

And it has confirmed the efficacy, impact and safety of HM in viral infections scientifically with irrespective of age, race, gender. And the evidence-based data has recorded.

## Results

The evidence-based data generated from this study that 100% eradication of CHIK virus.

In each 15 days up to one month duration of that follow up medical camp; it was properly monitored and administered the Homoeopathic Medicines and it is found from the 3<sup>rd</sup> day itself reduction in 65% all their ailments. And from 2 week onwards all symptoms of that CHIK viral epidemic disappeared 100% in 90% and 85% of symptoms in 10% from the total 98% of the subjects. And on 30<sup>th</sup> day it was monitored that, 100% of all symptoms disappeared in that (98%) of total subjects.

And this evidence-based study scientifically confirmed the efficacy, impact of HM and safe in viral infections irrespective age, race, gender.

And it is further confirmed the HM impact on human within a fraction of minutes which is really synchronize with time taken by the cells, tissues, neurons, immune response and other immediate response such as inflammation, Hypersensitivity towards injury for repair, kill defective cells.

## Discussion

This is first time in the world a 'Primary study' confirmed the efficacy, safety and impact of Homeopathy Medicines to eradicate viral infection in a very short time with irrespective of age, race, gender of human; scientifically.

Hence this, identified specific treatment is relevant and it will change the phase of Medical Sciences view globally and will overcome such further epidemic, sporadic and pandemic situation and also overcome present situation of COVID-19 impacts and other various viral

infections and any of upcoming viral infections. And hence people will live with love each other's and with peace of move. More future study in this line is highly recommended with out any more time lag.

More Universities around world, Health Organizations, Health Departments of each Countries, Pharmaceutical Companies, European Union, all are hereby welcomes for more concrete joint global study in this line.